

Alcohol, Drug, Tobacco & Violence Prevention Education Program



The CounterAct program connects Fairmont Schools, Families, and Police together to work at combating Alcohol, Drugs, and violence. The Fairmont Police Department in conjunction with the Fairmont Public and Private schools uses CounterAct as an educational program that trains 6th grade students how to "Resist and Oppose" Drugs, Alcohol, Tobacco, and Violence by using "Counteract Skills"

CounterAct was developed in a joint partnership between the Golden Vally Police and the Hazelden Foundation. CounterAct students are taught 4 basic skills in problem solving.

- The first skill is to "Check It Out". Students learn to ask open ended questions like: Who, What, When, Where, Why, and How to get more information about a problem or situation.
- The second skill is to "Talk About The Consequences". Students learn to talk about the consequences of the activity, both good and bad.
- The third skill is "Suggest A Positive Activity". Students learn to use this skill to influence the other person to join them in a positive activity instead of the negative activity.
- The last and most important skill is to "Follow Through". Students learn that they have to walk away if the situation is bad. They learn that they are in charge of their life, and that no matter what, they will be held responsible for their actions.
- The parents are given an overview of the program and are encouraged to continue reinforcing the skills that their student learned. The students are given a chance to highlight their skills by performing a few short skits, where they use the CounterAct skills to avoid a negative situation. If you have any questions about the CounterAct program, please forward them to the

Fairmont Police Department at (507) 238-4481 in care of School Resource
Officer Jaime Bleess.